



# COVID-19 Student Symptom Scenarios

As of 7/23/2021

SYMPTOMS*		SCENARIO 1	SCENARIO 2	SCENARIO 3	SCENARIO 4	SCENARIO 5
<b>CLASS A:</b> <ul style="list-style-type: none"> <li>Fever (defined as 100.4°F or higher)</li> <li>Sore Throat</li> <li>Cough</li> <li>Difficulty Breathing</li> <li>Diarrhea or Vomiting</li> <li>New Loss of Taste or Smell</li> </ul>	<ul style="list-style-type: none"> <li>NO close contact of someone with COVID-19</li> <li>1+ Class A symptom or 3+ Class B symptoms</li> <li>Tested <b>NEGATIVE</b></li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19</li> <li>NO symptoms</li> <li><b>FULLY VACCINATED</b> – See Vaccination criteria below</li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19 without masks in place</li> <li>NO symptoms</li> <li>Tested <b>NEGATIVE</b>, awaiting test results or <b>HAS NOT BEEN</b> tested</li> <li>NOT fully vaccinated/doesn't meet Vaccination criteria</li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19 while both parties masked appropriately</li> <li>NO symptoms</li> <li>Tested <b>NEGATIVE</b>, awaiting test results or <b>HAS NOT BEEN</b> tested</li> <li>NOT fully vaccinated/doesn't meet Vaccination criteria</li> </ul>		
<b>CLASS B:</b> <ul style="list-style-type: none"> <li>Stuffy OR Runny Nose</li> <li>Muscle/Body Aches</li> <li>Fatigue</li> <li>Chills</li> <li>Nausea</li> <li>Loss of Appetite</li> <li>Elevated Temperature (defined as &gt; 100.4°F)</li> <li>New Onset of Severe Headache</li> </ul> <p><i>*That are not explained by an existing condition, such as asthma.</i></p>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19</li> <li>1+ Class A symptom or 3+ Class B symptoms</li> <li>Tested <b>POSITIVE</b>, awaiting test results or <b>HAS NOT BEEN</b> tested</li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19</li> <li>NO symptoms</li> <li><b>FULLY VACCINATED</b> – See Vaccination criteria below</li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19 without masks in place</li> <li>NO symptoms</li> <li>Tested <b>NEGATIVE</b>, awaiting test results or <b>HAS NOT BEEN</b> tested</li> <li>NOT fully vaccinated/doesn't meet Vaccination criteria</li> </ul>	<ul style="list-style-type: none"> <li>Close contact of someone with COVID-19 while both parties masked appropriately</li> <li>NO symptoms</li> <li>Tested <b>NEGATIVE</b>, awaiting test results or <b>HAS NOT BEEN</b> tested</li> <li>NOT fully vaccinated/doesn't meet Vaccination criteria</li> </ul>		
	<ul style="list-style-type: none"> <li>Follow school's sick policy.</li> </ul>	<ul style="list-style-type: none"> <li>Stay home. Please isolate.</li> </ul>	<ul style="list-style-type: none"> <li>Attend school as usual.</li> </ul>	<ul style="list-style-type: none"> <li>Stay home. Please quarantine.</li> </ul>	<ul style="list-style-type: none"> <li>Please quarantine from other activities.</li> </ul>	
	<ul style="list-style-type: none"> <li>Follow your school's set sick policy. If symptoms do not resolve in 24 hours, contact your health care provider.</li> </ul>	<ul style="list-style-type: none"> <li>Return to school 10 days after symptoms started AND at least 24 hours have passed since fever resolved (without medication) AND symptoms have improved.</li> </ul>	<ul style="list-style-type: none"> <li>Can attend class and participate in any extra-curricular activities as usual. Monitor for any symptoms.</li> </ul>	<ul style="list-style-type: none"> <li>Return to school after quarantine duration*** from last date of Close Contact IF no symptoms develop during that time period.</li> </ul>	<ul style="list-style-type: none"> <li>Student can attend class as usual, but must quarantine from any extra-curricular activities following quarantine duration***.</li> </ul>	

### \*\*\* QUARANTINE GUIDELINES

Schools may follow three quarantining options. Please be sure you know which option your school has chosen to follow

- Quarantining students may return to school after day 14 without new or developing symptoms, as recommended by the CDC;
- Return to school after day 10 if the student HAS NOT been tested and has NOT developed new symptoms;
- With a negative COVID test on or after day 5, students can return to school after day 7 if they have NO new symptoms.

### CLOSE CONTACTS

"Close Contact" means being:

- Within 6 ft of a person with COVID-19 for 15 cumulative minutes if both individuals did not consistently wear masks over their nose and mouth OR
- Within 3 ft of a person with COVID-19 for 15 cumulative minutes regardless of mask usage.

If masks were worn over the nose and mouth by the positive case and the contact, the contact can attend class (and continue to wear a mask) but should quarantine from any other activities

Vaccinated persons who are close contacts of someone with COVID-19 are not required to quarantine if they meet the following criteria\*\*:  
 1. Are fully vaccinated – at least two weeks have passed since their second dose (or single J&J dose); 2. Have not had symptoms since their current COVID-19 exposure.  
 \*\*\*Vaccinated inpatients and residents in healthcare settings are an exception and should continue to quarantine as before.



# COVID-19 Symptomatic Illness Assessment

"A" Symptoms	"B" Symptoms
Fever > =100.4 F Sore Throat Cough Difficulty Breathing Diarrhea or Vomiting New Loss of Taste or Smell	Stuffy Nose Runny Nose Muscle/Body Aches Fatigue Chills Nausea Loss of Appetite Elevated Temperature < 100.4F New Onset of Severe Headache

**Recommend Testing When:**

- Person has 1 "A" Symptom *OR*
- Person has 3 "B" Symptoms

**Symptomatic with Negative COVID-19 Test**

- Stay home and monitor your symptoms
- Consider seeing a healthcare provider to check for causes other than COVID
- Seek guidance from your school's sick leave policy

**Positive COVID-19 Test**

- Notify the school immediately
- Isolate for 10 days from the date of symptom onset

**Symptomatic with Close Contact Exposure**

- Notify the school immediately
- It's recommended to see a healthcare provider to check for the causes of symptoms, including COVID. If negative for COVID, follow the instructions listed below for "Symptomatic with Negative COVID-19 Test"
- Isolate for 10 days from the date of symptom onset

**Returning to School**

- After 10 days of isolation
- If symptoms have improved
- No fever for 24 hours without the use of fever-reducing medication



# Options to Reduce Quarantine for Contacts of Persons with COVID-19 Using Symptom Monitoring and Diagnostic Testing

## COVID-19 SYMPTOMS\*

### CLASS A:

- Fever (defined as 100.4°F or higher)
- Sore Throat
- Cough
- Difficulty Breathing
- Diarrhea or Vomiting
- New Loss of Taste or Smell

### CLASS B:

- Stuffy OR Runny Nose
- Muscle/Body Aches
- Fatigue
- Chills
- Nausea
- Loss of Appetite
- Elevated Temperature (defined as < 100.4°F)
- New Onset of Severe Headache

*\*That are not explained by an existing condition, such as asthma.*

## \*\* CLOSE CONTACTS

"Close Contact" means being within 6 ft of a person with COVID-19 for 15 cumulative minutes if both individuals did not consistently wear masks over their nose and mouth OR within 3 ft of a person with COVID-19 regardless of mask usage.

## THE 3 WS

The 3 Ws to help reduce your risk of COVID-19 are:

- Wear a mask
- Wash your hands
- Watch your distance (stay 6 feet apart)

A student has been in Close Contact\*\* with an individual who has COVID-19 AND has NO symptoms

### (A)

Quarantine for 14 days

\*No symptoms

May return to school on **day 15**

### (B)

Quarantine for 10 days

\*No symptoms

May return to school on **day 11**

Self-monitor for symptoms from **day 11 to day 14**, while practicing the 3 Ws!

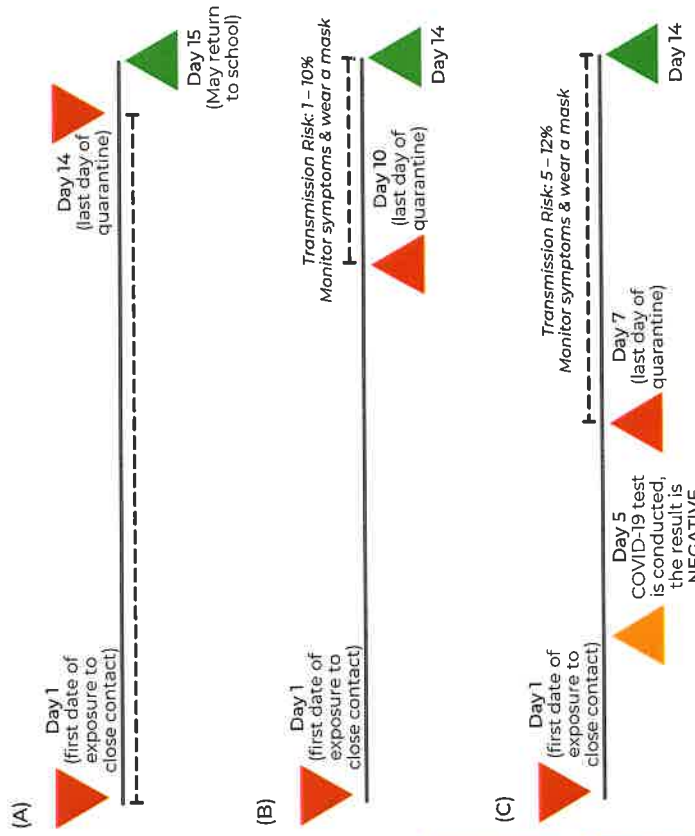
### (C)

Quarantine through day 7 AND test for COVID-19 on/after **day 5**

\*No symptoms

May return to school on **day 8**, with a **NEGATIVE** result in hand!

Self-monitor for symptoms from **day 8 to day 14**, while practicing the 3 Ws!



§ For people with a known exposure to someone with COVID-19, a negative result must be obtained from a COVID-19 test done on or after day 5 after the last date of exposure to the person with COVID-19. The test can be a rapid antigen or a PCR test.