

Aug 16-20 Sept 13-16 Oct 12-15 Nov 8-12 Dec 13-17	Chicken Fried Steak Popcorn Chicken w/ Hot Roll or Mashed Potatoes w/Gravy Green Beans Fresh Fruit	Chicken or Beef Nachos Refried Beans Garden Salad Salsa Fruit Cup	Corn Dog or BBQ Sandwich Crinkle Cut Fries Broccoli Seasoned Carrots Fresh Fruit	<u>Breakfast for Lunch</u> Egg & Sausage or Chicken Strips Both w/ Waffles Baby Bakers Carrot Sticks Fruit Cup	Cheese or Pepperoni Pizza or Chef Salad Corn English Peas Fresh Fruit
Aug 23-27 Sept 20-24 Oct 18-22 Nov 15-19	Chicken Tenders or Drumstick Both w/ Hot Roll Mashed Potatoes w/Gravy Green Beans Fruit Cup	General TSO Chicken or Honey Glazed Wings w/ Hot Roll or Japanese Veggies Broccoli Fried Rice Fresh Fruit	Meatball Sub or Crispitos w/cheese stick Seasoned Cauliflower Seasoned Carrots Fresh Fruit	Enchiladas or Burrito Refried Beans Salsa Seasoned Corn Fruit Cup	Cheese Sticks or Pizza or Chef Salad Carrot Sticks English Peas Fruit Cup
Aug30—Sept3 Sept 27- Oct 1 Oct 25-29 Nov 29—Dec 3	Spicy Chicken Sandwich or Chicken Fried Steak w/Hot Roll Mashed Potatoes Black Eyed Peas Seasoned Carrots Fresh Fruit	Walking Taco or Burrito Refried Beans Salsa Lettuce & Tomato Fresh Fruit	Chicken and Waffles or Pancakes and Sausage w/ Syrup TatorTots Sliced Carrots Fruit Cup	Lasagna w/Garlic Bread or Cheese Sticks Peas & Carrots Pinto Beans Fresh Fruit	Pizza or Chef Salad Spinach Salad California Veggies Fresh Fruit
Sept 7-10 Oct 4 –7 Nov 1-5 Dec 6—10	Cheeseburgers or Chicken Sandwich Crinkle Cut Fries Carrot Sticks Burger Salad Fruit Cup	Turkey Tetrazzini or Chicken Strips w/Hot Roll Broccoli Black Eyed Peas Fresh Fruit	Chicken Quesadilla or (2) Soft Beef Tacos Refried Beans Salsa Lettuce & Tomato Fresh Fruit	Asian Bowl or Country Bowl Wild Rice Mashed Potatoes Corn Both w/Hot Roll Fruit Cup	Spaghetti w/ Garlic Toast or Cheese Bites w/Marinara Sauce Seasoned Carrots Green Beans Fresh Fruit

Menus subject to change due to availability

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.