

Aug 16-20 Sept 13-16 Oct 12-15 Nov 8-12 Dec 13-17	Chicken Fried Steak Popcorn Chicken w/ Hot Roll or Mashed Potatoes w/Gravy Green Beans Fresh Fruit Fruit Cup	Chicken or Beef Nachos Refried Beans Garden Salad Salsa Fruit Cup Fresh Fruit	Corn Dog or BBQ Sandwich Crinkle Cut Fries Broccoli Seasoned Carrots Fresh Fruit Fruit Cup	<u>Breakfast for Lunch</u> Egg & Sausage or Chicken Strips Both w/ Waffles Baby Bakers Carrot Sticks Fruit Cup Fresh Fruit	Cheese or Pepperoni Pizza or Chef Salad Corn English Peas Fresh Fruit Fruit Cup
Aug 23-27 Sept 20-24 Oct 18-22 Nov 15-19	Chicken Tenders or Drumstick Both w/ Hot Roll Mashed Potatoes w/Gravy Green Beans Fruit Cup Fresh Fruit	General TSO Chicken or Honey Glazed Wings w/ Hot Roll or Japanese Veggies Broccoli Fried Rice Fresh Fruit Fruit Cup	Meatball Sub or Crispitos w/cheese stick Seasoned Cauliflower Seasoned Carrots Fresh Fruit Fruit Cup	Enchiladas or Burrito Refried Beans Salsa Seasoned Corn Fruit Cup Fresh Fruit	Cheese Sticks or Pizza or Chef Salad Carrot Sticks English Peas Fruit Cup Fresh Fruit
Aug30—Sept3 Sept 27- Oct 1 Oct 25-29 Nov 29—Dec 3	Spicy Chicken Sandwich or Chicken Fried Steak w/Hot Roll Mashed Potatoes Black Eyed Peas Seasoned Carrots Fresh Fruit Fruit Cup	Walking Taco or Burrito Refried Beans Salsa Lettuce & Tomato Fresh Fruit Fruit Cup	Chicken and Waffles or Pancakes and Sausage w/ Syrup TatorTots Sliced Carrots Fruit Cup Fresh Fruit	Lasagna w/Garlic Bread or Cheese Sticks Peas & Carrots Pinto Beans Fresh Fruit Fruit Cup	Pizza or Chef Salad Spinach Salad California Veggies Fresh Fruit Fruit Cup
Sept 7-10 Oct 4 –7 Nov 1-5 Dec 6—10	Cheeseburgers or Chicken Sandwich Crinkle Cut Fries Carrot Sticks Burger Salad Fruit Cup Fresh Fruit	Turkey Tetrzini or Chicken Strips w/Hot Roll Broccoli Black Eyed Peas Fresh Fruit Fruit Cup	Chicken Quesadilla or (2) Soft Beef Tacos Salsa Refried Beans Lettuce & Tomato Fresh Fruit Fruit Cup	Asian Bowl or Country Bowl Wild Rice Mashed Potatoes Corn Both w/Hot Roll Fruit Cup Fresh Fruit	Spaghetti w/ Garlic Toast or Cheese Bites w/Marinara Sauce Seasoned Carrots Green Beans Fresh Fruit Fruit Cup

Menus subject to change due to availability

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