

COVID-19 Quarantine & Isolation Protocols

If Exposure Occurred at School

- Students that are deemed PCC's (probable close contacts to a positive case) will be placed in quarantine and parents notified.
- The start date of the quarantine will start from the last day of contact with the positive. The last day of contact with positive will count as day 0.
- The student may choose to test early on day 5. This needs to be a full 5 days from the last time of contact.
- If the student receives a negative test result, is symptom free, and provides a copy of the negative test result to the school or the POC, they can return on day 8.
- The negative test results can be provided to the office or emailed to terri.crabtree@lavacaschools.com
- If the student does not test, they may return on day 11 after ten full days of quarantine as long as they are symptom free.

see example quarantine timeline below

Students can still develop symptoms up to 14 days.

If Exposure Occurs Outside of School

- Contact the POC at 674-5618 or email @ terri.crabtree@lavacaschools.com
 - To determine the return date of a student exposed to a positive case outside of the school setting, the last day of contact with the positive must be determined.
 - Once that day is determined, it will become day 0 for the student(s).
- *see example quarantine timeline below*
- If parents are positive, the quarantine dates for your students will depend on your ability to completely isolate yourself from them.
 - If a parent is unable to isolate themselves from their student(s) during the parent's isolation period, the student(s) quarantine(day 0) will start at the end of the parent's isolation even though the student's quarantine began at the time of the parent's first symptoms.
 - Once return dates have been established for students, their teachers will be notified and those days will not count as absences.

How to Avoid Being Quarantined/Vaccinations

- If your student is fully vaccinated (14 days from the last day of their second shot), they will not be quarantined if they are exposed to someone who tests positive as long as the exposed student is not having symptoms.
- Also, if both the positive student(s) and the exposed student(s) wear masks correctly at all times of contact, quarantining is not required for the exposed student(s).
- Parents/Student(s) will be contacted if exposed to a positive case in school or at school function.
- If you are fully vaccinated, and exposed to a positive case, it is recommended that you monitor for symptoms. If at any time you develop symptoms, please be tested and notify the POC.
- If your student(s) has/have tested positive for Covid, they will have 90 days of immunity from the time that symptoms started. They will not be required to quarantine in that time period if exposed to a positive case, unless they develop symptoms.

Fully vaccinated people can still acquire COVID-19.

- It is also recommended, but not mandated, if you are fully vaccinated that you test sometime on days 3-5 from the last day of contact with a positive case regardless of symptoms. If you do the test, please notify the POC of the results.

Example Quarantine Timeline

Student's last contact with a positive is Jan 1st 12:00 pm in this example

- **Day 0:** Student has been deemed a PCC and parent will receive a phone call letting them know that their student will start quarantine. Jan 1st will become day 0 for the student.
- **Days 1-4:** Student(s) will remain at home in quarantine.
- **Day 5:** Starting on day 5 (Jan 6) student(s) may test early for Covid. In this example the student(s) would need to wait until 12:00pm to take the test resulting in 5 full days after the last known contact.
- **Days 6-7:** Student(s) may still test early for Covid on these days, but should still be in quarantine.
- **Day 8:** If the student(s) has/have no symptoms and received a negative test result on any days 5-7, and a copy of the negative test result is provided to the school, the student(s) may return to class on this day. In this example that date would be Jan 9th.
- **Days 9-10:** If the student chose not to test early, they should remain in quarantine on these days.
- **Day 11:** If the student(s) has/have no symptoms on this day they may return to class. Parents should continue to monitor for symptoms as the virus can take up to 14 days to manifest. The return date in this example will be Jan 12th for the student(s).
- **Days 12-14:** Upon return to school students are highly encouraged to wear a mask.

****Note* If at any point during the quarantine period the student(s) is/are re-exposed to a positive this cycle will restart at day 0.***

If Your Student Tests Positive for Covid-19

Isolation

Contact the school POC: Nurse Terri Crabtree

479-674-5618

or

E-mail at terri.crabtree@lavacaschools.com

Your student will need to isolate at home for a total of 10 full days.

- ❖ The start of isolation (day 0) will begin from the **onset** of symptoms if present, **or** from the test date if **no** symptoms.
- ❖ The following information will be needed:
 - Start date of symptoms (if present)
 - Date that individual was tested
 - Where they were tested
 - Type of test given(Rapid/PCR)
 - DOB
 - Phone number
 - A list of probable close contacts
 - Defined as: anyone closer than 6ft for 15 mins or longer in a 24hr period
 - Must go back 2 *full* days prior to symptoms or test date
- ❖ To return to school, student(s) **must** provide a copy of the release letter from the Arkansas Department of Health.