

SEPTEMBER 2021

Elk City Public Schools

LUNCH



School Information:

9/6/21 – Labor Day - No School
 9/23/21 – Early Release & Parent Teacher Conferences
 3:30-9:30 pm
 9/27/2021 – Professional Day – No school for KIDS



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words “100% whole grain” or “100% whole wheat” on the food label. Whole grains provide more nutrients, like fiber, than refined grains.

REMINDER THAT MEALS ARE FREE FOR ALL STUDENTS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pulled Pork Sandwich 1
 French Fries
 Baked Beans
 BBQ Sauce
 Assorted Fruit

Breakfast For Lunch 2
 Hashbrowns
 Bacon & Eggs
 Biscuit & Gravy
 Assorted Fruit

Four Cheese Pizza 3
 Fresh Salad
 Broccoli w/ Cheese
 Ranch Dressing
 Assorted Fruit

Labor Day 6
NO SCHOOL!

Grilled Cheese 7
 Tomato Soup
 Ritz Crackers
 Fresh Broccoli w/ Ranch
 Assorted Fruit

International Literacy Day 8
 Crispy OR Spicy Chicken Sandwich
 French Fries & Pickle Spear
 Assorted Fruit

Bacon Cheeseburger 9
 Lettuce & Tomato
 Sun Chips
 Baked Beans
 Assorted Fruit

NEW MENU ITEM 10
 Ultimate Elk Lunchable
 Pizza OR Meat/Cheese & Crackers
 Celery and Carrot Sticks w/ Ranch
 Assorted Fruit

Popcorn Chicken 13
 Corn
 Mashed Potatoes & Gravy
 Hot Roll
 Assorted Fruit

NEW MENU ITEM 14
 Mexican Pizza
 Refried Beans w/ Cheese
 Fresh Salad
 Assorted Fruit

Un crustable 15
 Mozzarella Stick
 Celery & Carrot Sticks w/ Ranch
 Nacho Cheese Doritos
 Assorted Fruit

National Stepfamily Day 16
 Stuffed Cheese Bites
 Marinara Sauce
 Cali Blend Veggies
 Assorted Fruit

Corndog 17
 Crinkle Cut Fries
 Baked Beans
 Fruit Choice

Chicken Nuggets 20
 Cheesy Potatoes
 Green Beans
 Hot Roll
 Assorted Fruit

Cheese Nachos 21
 Mexi Beans
 Salsa
 Fresh Salad w/ Ranch
 Assorted Fruit

First Day of Fall 22
 Big Elk Burger
 French Fries
 Corn & Pickle Spear
 Assorted Fruit

Mac & Cheese 23
 Little Smokies
 Peas
 Dinner Roll
 Assorted Fruit

FREE FRIDAY---NO SCHOOL! 24

PROFESSIONAL DAY 27
NO SCHOOL for KIDS!
 This institution is an equal opportunity provider.
 Menus are subject to change.

Beef Tacos 28
 Lettuce & Tomato
 Refried Beans w/ Cheese
 Mexi Corn
 Assorted Fruit

World School Milk Day 29
 Chef Salad w/ Ham & Cheese
 Fresh Veggies
 Breadstick
 Assorted Fruit

Chili Cheese Hot Dog 30
 Potato Wedges
 Fresh Veggies w/ Ranch
 Assorted Fruit

