



Bethel Public School

November 2021







Cats?	Breakfast Of the Day, Cereal Or Grab and Go Smoothie Breakfast includes your choice of Milk, Juice & Fruit	Lower Elem Lunch Grades PK-2nd Milk & Fruit Available Every day	Up-Stairs Lunch Grades 3-12 Salad Bar Available Every day! Your Choice of: Choc or White Milk & Fruit	Down Stairs Lunch Grab and Go Meals Grades 3-12 Veggie and Fruit Bar Available Every day!
Monday 11/1/21	Pancake on a Stick	Hamburger & Sweet Potato Fries	Hamburger & Sweet Potato Fries	Turkey Sandwich Ham & Cheese Sandwich Chef Salad
Tuesday 11/2/21	Sausage Biscuit	Soft Beef Taco, Fiesta Beans & Corn	Soft Beef Taco, Fiesta Beans & Corn	Sandwich includes: Fruit, Veggies and Milk
Wednesday 11/3/21	Cereal Day!	BBQ Chicken Sandwich, Green Beans	BBQ Chicken Sandwich, Green Beans	Lunch Includes your choice of White or Choc Milk
Thursday 11/4/21	French Toast Bake	Frito Chili Pie & Fresh Veggies	Frito Chili Pie & Fresh Veggies	NO SCHOOL! Labor Day
Friday 11/5/21	Biscuit & Gravy!	Corn Dog & Black eye peas	Corn Dog & Black eye peas	
Monday 11/8/21	Hot Cinnamon Oatmeal & Toast	Grilled Chicken Sandwich & Broccoli	Grilled Chicken Sandwich & Broccoli	
Tuesday 11/9/21	Muffin Day!	Beef and Bean Burrito & Corn	Beef and Bean Burrito & Corn	
Wednesday 11/10/21	Cereal Day!	Spaghetti, Italian Salad & Bread Stick	Spaghetti, Italian Salad & Bread Stick	
Thursday 11/11/21	Breakfast Tacos	Cheese Pizza & Carrots	Cheese Pizza & Carrots	
Friday 11/12/21	Mini Pancake Bites	Thanksgiving Dinner Turkey, Mashed Potatoes, Gravy, Green Beans, Roll, Stuffing & Pumpkin Cake	Thanksgiving Dinner Turkey, Sweet Potatoes, Green Beans, Roll, Stuffing, Gravy & Pumpkin Cake	
Monday 11/15/21	Waffle Grilled Cheese	Turkey and Cheese Sandwich & Carrots	Chef Choice	
Tuesday 11/16/21	Donut Day!	Soft Chicken Taco, Beans & Corn	Soft Chicken Taco, Beans & Corn	
Wednesday 11/17/21	Cereal Day!	Sloppy Joe & Peas	Sloppy Joe & Peas	
Thursday 11/18/21	French Toast Bake	Fish Sticks, Mac & Cheese	Fish Sticks, Mac & Cheese	
Friday 11/19/21	Biscuit & Gravy!	Mazzio's Pizza Day! Pepperoni 	Mazzio's Pizza Day! Pepperoni 	Mazzio's Pizza Day! Cheese (Grab & Go will be limited) 
Monday - Friday 11/22/21-11/26/21	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Break
Monday 11/29/21	Donut Day!	Hot Dog & Baked Beans	Hot Dog & Baked Beans	
Tuesday 11/30/21	Pancake Bites	Mexicali Taco Boat & Corn	Mexicali Taco Boat & Corn	
				



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	<p>Join Us For Breakfast! Breakfast is served Daily in our Lower Elem & Upper Café.</p> <p>Fruit, Juice & Milk are offered Daily at Breakfast</p> 	<p>Did you Know: The 2nd week of September is Biscuit & Gravy Week?</p> <p>Biscuits & Gravy emerged as a Southern regional dish after the Revolutionary War (1775-1783), when food & money were in short supply.</p>	<p>Fun Web Sites: www.choosemyplate.gov www.fueluptoplay60.com</p> 	 <p>Choose MyPlate.gov</p> <p>Menus subject to change</p>

