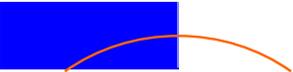


PRE-SCREENING LETTER TO PARENTS



**Bloomburg
Independent
School District**



307 West Cypress
Bloomburg, TX
75556

Phone: 903-728-5216
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Silvia Stroman
Principal K – 5

Amy Barron
Principal 6 – 12

Karen Casteel
Counselor K – 5

Natalie Inman
Counselor 6 – 12

Dear Parents/Guardian:

Bloomburg ISD will be conducting spinal screenings on **Tuesday, January 12th**. The purpose of spinal screening is to detect the signs of abnormal curves of the spine at their earliest stages so that the need for treatment can be determined. It is usually detected in children between 10 and 14 years of age. Kyphosis, sometimes called round back, is an exaggerated rounding of the upper back and is often confused with poor posture. Many cases of curvature of the spine are mild and require only ongoing observation by a physician when they are diagnosed. Others can worsen with time as the child grows, and require active treatment, such as bracing and surgery. Early treatment can prevent the development of a severe deformity, which can affect a person's appearance and health.

The procedure for screening is simple. Screeners who have been specially trained will look at your child's back while he/she stands and then bends forward. For this examination, boys and girls will be seen separately and individually.

STUDENTS SHOULD WEAR OR BRING SHORTS TO SCHOOL FOR THE EXAM. ALL STUDENTS MUST REMOVE THEIR SHIRT FOR THE EXAM. FOR THIS REASON, WE REQUEST THAT GIRLS WEAR A HALTER TOP, TUBE TOP, SPORTS BRA, OR A TWO-PIECE SWIMSUIT TOP UNDERNEATH THEIR SHIRT ON EXAM DAY. SOME SHIRTS THAT ARE OPEN BACK MAY BE APPROPRIATE AS WELL. (One Piece Swimsuits that are open back provide the most coverage.)

Parents will be notified of the result of the screening only if professional follow-up is necessary. This screening procedure does not replace your child's need for regular health care and check-ups.

According to state law, all females in 5th and 7th and all males in 8th grade must receive the spinal screening. If, for religious reasons, you do not wish to have your child screened, you are to submit an affidavit of religious exemption to this office no later than **Friday, January 8th**. These forms can be found at the nurse's office and must be notarized.

If you wish to have your child screened at the doctor's office in lieu of the free screening at school, you must notify the school nurse **before Friday, January 8th**, and a copy of the results must be received no later than **Friday, January 22nd**.

Thank you for your cooperation.

Sincerely,
Jenifer Carnley RN
District Nurse